



May 4, 2017
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Joel San Juan – District 1
Rebecca Hernandez, 2nd Vice Chair – District 2
Michael Matthews – District 2
Jenifer Mendel, Member-at-Large (ADS) – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm, 1st Vice Chair – District 4
Judith Yates, Member-at-Large (MH) – District 4
Phil Deming, Chair – District 5
Dana Hamilton – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Eyra Leeper – District 1
Carmelita Trujillo – District 1
Richard McGaffigan – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services (BHS)
Traci Finch, Principal Administrative Analyst, County Behavioral Health Services
Philip Ainsworth, Administrative Analyst I, County Behavioral Health Services

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chair, at 3:33 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302/303.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Christi Knight, Senior Policy Advisor to Supervisor Kristin Gaspar, District 3.

Phil Deming announced that Helen Rees, BHAB member from District 2, has submitted her resignation from the board. Ms. Rees wanted to convey that while she enjoyed her participation on the board, she will be starting graduate school work that will not leave much time for her to pursue other interests. The BHAB wishes her well on her future endeavors.

III. APPROVAL OF THE MINUTES – MARCH 2 AND APRIL 6, 2017

ON MOTION of John Sturm, seconded by Rebecca Hernandez, the BHAB approved the minutes of March 2, 2017, as written.

AYES: 10 NAYS: 0 ABSTENTIONS: 3

ON MOTION of Judith Yates, seconded by Jerry Hall, the BHAB approved the minutes of April 6, 2017, as written.

AYES: 8 NAYS: 0 ABSTENTIONS: 5

IV. PUBLIC COMMENT

None

V. PRESENTATION – HHSA Recommended Fiscal Year 2017-18 Ops Plan – Amy Thompson, HHSA Assistant Finance Director

Alfredo Aguirre introduced Amy Thompson, Assistant Finance Director, Financial & Support Services, HHSA. Ms. Thompson presented a PowerPoint entitled: "FY 2017-18 CAO Recommended Operational Plan." The presentation touched on the following areas:

- Economy
 - Unemployment Rate
 - Index of Leading Economic Indicators for San Diego County
 - Locally Assessed Secured Property Values
 - General Purpose Revenue History
 - State Personal Income Tax Revenue
 - Statewide Mental Health Services Act Revenue
 - California Sales Tax & Use Tax Revenues
 - 1991/2011 Health and Human Services Realignment Revenue
- Governor's Proposed Budget
 - Expenditures by Agency
 - In-Home Supportive Services (IHSS)
 - Drug Medi-Cal Organized Delivery System
 - Child Welfare Services Continuum of Care Reform
 - Health and Human Services Agency
 - Regional Investments for Children and Families
 - Priorities (Aging, Behavioral Health, Coverage and Care)
- FY 2017-18 CAO Recommended Budget
 - Budget by Program
 - HHSA Expenditures
 - HHSA Revenues
 - Staffing Changes by Program
 - Budgeted HHSA Staffing Levels
 - HHSA Major Budget Changes
 - BHS Expansions and Enhancements – Increase of \$28.5M to BHS Budget
 - Increased Program Investments Across Departments
- Next Steps
 - Financial Planning Cycle Next Steps
 - Key Dates

A request was made to provide a list of BHS program expansions and enhancements that correlate to slide #27, specifically for dot point 6: "Various other system of care investments for Adults, Children, Youth & Families." This information was requested by the June BHAB meeting.

VI. UPDATE – Drug Medi-Cal Implementation Plan Update – Alfredo Aguirre/Judith Yates

Over the last year, the BHAB Drug Medi-Cal (DMC) Workgroup has been meeting with County BHS staff to discuss the impact of implementing a Drug Medi-Cal Organized Delivery System (DMC-ODS) in San Diego County. All of this hard work is leading up to the County's submission of a comprehensive DMC-ODS Implementation Plan and proposed rates to the Department of Health Care Services (DHCS) by May 31, 2017. Alfredo Aguirre and Judith Yates summarized the BHAB workgroup and County staff

actions that have occurred to date. Copies of the DMC-ODS Overview Document, draft Implementation Plan, and draft Implementation Plan Appendices were sent to the BHAB for their review prior to today's meeting.

VII. ACTION ITEM – Vote to Support Submittal of the Drug Medi-Cal Organized Delivery System Implementation Plan to the Department of Health Care Services – Alfredo Aguirre

Background

On January 7, 2016, BHAB voted to establish a priority for Drug Medi-Cal Organized Delivery System (DMC-ODS) Implementation for the 2016 calendar year. On March 3, 2016, BHAB voted to establish a Behavioral Health Advisory Board Drug Medi-Cal (DMC) Workgroup.

Over the course of 2016 and the first quarter of 2017, workgroups within BHS researched other counties' implementation plans, studied service delivery implications (increase staffing, certification by the Department of Health Care Services of Substance Use Disorder providers to bill for Drug Medi-Cal, training needs, etc.) and conducted financial analyses to address questions regarding fiscal sustainability of opting-in to the California Section 1115 DMC-ODS waiver. The BHAB DMC Workgroup also participated in meetings to share concerns and questions about expansion of services and what the implementation would mean for residents of San Diego County experiencing substance use disorders.

After careful consideration of all factors, in March of 2017, BHS executives met and agreed that submitting the DMC-ODS Implementation Plan and proposed rates to DHCS would be an advisable next step. Submission of the plan and rates would not obligate the County to the DMC-ODS waiver implementation. It would provide an opportunity for DHCS to work with the County to finalize the Implementation Plan, with State and Federal input, and negotiate proposed rates. If successful, the County would request Board of Supervisors approval to enter into a DMC-ODS contract with DHCS.

It is, THEREFORE, staff's recommendation that the Board vote to Support Submittal of the Drug Medi-Cal Organized Delivery System Implementation Plan to the Department of Health Care Services by May 31, 2017.

DISCUSSION:

How is BHS dealing with the State's minimum wage increase?

- Putting aside the DMC-ODS, BHS still has to address the issue of the wage increase by raising the rates of its current alcohol and drug providers. BHS is also working with its other behavioral health contractors to address this issue.

Have any of the other Counties opted out?

- To date, there have been no counties in Phase I (Bay Area) or Phase II (Southern California and Los Angeles) that have opted out of the DMC-ODS.

How is the County rationalizing the cost (as compared to other Counties) as staff make the rounds to the Board of Supervisor offices?

- BHS recognizes that the DMC-ODS will not all be federally subsidized; thus it will require investment of realignment dollars and investment by our behavioral health partners. All of this will be made clear to the Board of Supervisors.

ON MOTION of Judith Yates, seconded by John Sturm, the BHAB voted to support the submittal of the Drug Medi-Cal Organized Delivery System Implementation Plan, with discussion as noted above.

AYES: 12 NAYS: 0 ABSTENTIONS: 0

VIII. ACTION ITEM – Vote to Establish a Workgroup to Amend the Behavioral Health Advisory Board Bylaws

Background

The BHAB Executive Committee recommends consideration of revisions to the BHAB Bylaws. Such revisions include the clean-up of certain Bylaw provisions to reflect amendments to Section 5604 of the Welfare and Institutions Code related to advisory board membership. At the BHAB meeting on April 6, it was announced that an ad-hoc Workgroup would be formed and that interested participants should inform BHS staff prior to today's meeting.

Today's action recommends the formation of an ad-hoc Workgroup with the following parameters:

1. Workgroup to consist of a minimum of three BHAB members including one member to be designated as Chair. Since the announcement at the April meeting, Tom Behr has volunteered to Chair; Jenifer Mendel and Deanne George have volunteered to serve as Workgroup members.
2. Workgroup will meet in May and June (frequency to be determined) to create a draft of the amended Bylaws with a final draft due to the BHAB Chair and BHS staff in early July.
3. Workgroup Chair will return to BHAB in August to review the recommendations and seek approval to proceed with changes.
4. The final draft of Bylaws (and required Board Letter to be drafted by BHS staff) to be presented to the Board of Supervisors in September 2017.

It is, THEREFORE, staff's recommendation that the Board vote to Establish a Workgroup to Amend the BHAB Bylaws and Accept the Members.

DISCUSSION:

Tom Behr, Jenifer Mendel, and Deanne George were appointed earlier by the BHAB Executive Committee. No vote was taken.

IX. DIRECTOR'S REPORT – Alfredo Aguirre, Director, Behavioral Health Services

- Affordable Care Act (ACA) update
 - The House voted today to repeal and replace the ACA with the American Health Care Act (AHCA). The vote now goes to the Senate, so the County will wait and see the results and what the ultimate amendments will look like. A replacement likely will have ramifications on funding. For example, if Medicaid is significantly cut or block granted, what will it mean for the State and current entitlements? Once this is known, it will shape the direction the County will go in term of its contracts with the Department of Health Care Services.
- May is Mental Health Month event highlights
 - The NAMI Walk and HHSA Wellness Expo on Saturday, April 29, was a great success. Supervisor Kristin Gaspar and HHSA Director Nick Macchione were in attendance.
 - Two events on Saturday, May 20: Changing Minds-Minds Matter Resource Fair at Chula Vista High School and the annual Fellowship Center Walk for Recovery Health Fair in Escondido.
 - A complete calendar of events was distributed and posted on the BHS website.
- Behavioral Health Recognition Dinner will be held on Friday, June 9, at the San Diego Marriott Mission Valley. More details to come.
- Directing Change Screening and Awards will take place this year at the California Center for the Performing Arts in Escondido on Thursday, May 11, 11:00 am-2:00 pm. A list of the regional winners along with the event invitation was emailed to the BHAB.
- Posted for public comment are the guidelines for the No Place Like Home statewide initiative. A copy was emailed to the BHAB.
- Kudos to Yael Koenig and her team for a successful and fun Children's Mental Health Well-Being Celebration event held Wednesday, May 3, 4:00-6:00 pm at East County Community Center in Spring Valley.

- Alfredo Aguirre will not be attending the June BHAB meeting due to another statewide organization's strategic planning meeting he has to attend outside the county. Dr. Michael Krelstein, Clinical Director, BHS will cover the BHAB meeting in his place.

X. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Advisory Board Chair

Action Item: Change in Meeting Time

Behavioral Health Advisory Board (BHAB) meetings are currently held at the County Administration Center (CAC) on the first Thursday of each month from 3:30p-6:00p. Recently, County staff have been made aware that CAC security staff (provided by the San Diego County Sheriff's Department) is only onsite until 5:30p and we are being asked to end our meetings by 5p to be in compliance with the CAC rules of safety and security. Alternate meeting time options were discussed as indicated below:

OPTION 1

Begin Earlier and Shorten the Regular Meeting by 30 minutes

	Current Meeting Time	Proposed Meeting Time
BHAB Executive Meeting	2:30p-3:15p (45 minutes)	2:00p-2:45p (45 minutes)
BHAB Regular Meeting	3:30p-6:00p (2½ hours)	3:00p-5:00p (2 hours)

OPTION 2

Begin Earlier and Maintain the Meeting Length

	Current Meeting Time	Proposed Meeting Time
BHAB Executive Meeting	2:30p-3:15p (45 minutes)	1:30p-2:15p (45 minutes)
BHAB Regular Meeting	3:30p-6:00p (2½ hours)	2:30p-5:00p (2½ hours)

ACTION: Vote to establish a new meeting time.

DISCUSSION:

Are either the Mission Valley (BHS) or County Operations Center location an option to move the BHAB meeting?

- With the increase in staff, BHS parking is a major issue. Also, BHS does not have a large enough meeting room. Staff has previously reached out to County Operations Center facilities but has been unsuccessful in securing a meeting space on a long-term, regular basis.
- Does BHS pay to use our existing space? No; there is no cost to use our existing meeting space.

Is there an option to hold the BHAB Executive Committee meeting at a separate location on another date and time?

- The BHAB Executive Committee will explore this option at a later date.

ON MOTION of John Sturm seconded by Mike Matthews, the BHAB voted to establish a new meeting time as follows, with discussion as noted above.

Option 1: AYES: 2 NAYS: 8 ABSTENTIONS: 0

Option 2 AYES: 10 NAYS: 0 ABSTENTIONS: 0

XI. ADVOCATE REPORTING

- Rebecca Hernandez spoke about the “*WeAllCount*” Point-in-Time Count Report that was distributed by the County. While she was dismayed to see the 5% increase in homelessness, she was encouraged to see homeless youth data included in the report.
- The South Bay community is putting on a forum on June 9 to engage high school youth in open dialogue around mental health awareness with the goal of bringing resources and information to this age group.

XII. BOARD MEMBER ANNOUNCEMENTS

- Dana Hamilton is putting together an event for May is Mental Health Month on Saturday, May 20. The 2nd annual 45-Mile Skate-A-Thon will begin in downtown San Diego and end in Carlsbad with an after party/wellness fair that will include live music, vendors, and prizes. Proceeds will go to San Diego Youth Services. Last year NAMI was the beneficiary. Anyone interested can leave their name and email address for follow up. A flier will be provided as soon as possible, and more information can be found at the event’s website: thesdwheels.com.
- Phil Deming reminded the board that BHAB will be dark in July instead of August.
- John Sturm had the privilege of attending several Peer Employment Training (PET) graduations and had the honor of speaking at one of them. He shared his personal experience with attending PET classes and announced that he will have his own PET graduation on Tuesday, May 9, 1:00-3:00 pm at Recovery Innovation offices in Mission Valley. A flier was distributed with more details.

XIII. MEETING ADJOURNMENT

ON MOTION of John Sturm seconded by Judith Yates the meeting adjourned at 5:35 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

[Signatures to be inserted here]